



Trauma Informed Care Coalition

June, 2026



TODAY'S AGENDA

1. Welcome
2. Define Trauma Informed Care
3. Access the Report
4. Quick Recap on Previous Meetings
5. Short and Long Term Goals and Implementation Plan
6. Trauma Informed Care 101 (Train the Trainer)
7. Trauma Informed Journalism Update
8. What does a Trauma Informed Community Look Like
9. Committee Interest Form
10. Questions and Wrap Up



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ALCOHOL, DRUG ADDICTION &
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The
University
of Akron

What is Trauma-Informed Care?

Trauma-informed care seeks to:

- (1) Realize the widespread impact of trauma and understand paths for recovery
- (2) Recognize the signs and symptoms of trauma in patients, families, and staff
- (3) Integrate knowledge about trauma into policies, procedures, and practices
- (4) Actively avoid re-traumatization.

Adapted from the Substance Abuse and Mental Health Services Administration's "Trauma-Informed Approach."

What are the principles of trauma-informed care?

Following are recognized principles of a trauma-informed approach that are needed to transform a health care setting:



Safety

Throughout the organization, patients and staff feel physically and psychologically safe



Trustworthiness + Transparency

Decisions are made with transparency, and with the goal of building and maintaining trust



Peer Support

Individuals with shared experiences are integrated into the organization and viewed as integral to service delivery



Collaboration

Power differences — between staff and clients and among organizational staff — are leveled to support shared decision-making



Empowerment

Patient and staff strengths are recognized, built on, and validated — this includes a belief in resilience and the ability to heal from trauma



Humility + Responsiveness

Biases and stereotypes (e.g., based on race, ethnicity, sexual orientation, age, geography) and historical trauma are recognized and addressed

(Adapted from the Substance Abuse and Mental Health Services Administration's ["Guiding Principles of Trauma-Informed Care."](#))

Access the Report



**TRAUMA INFORMED
CARE COALITION**
SUMMIT COUNTY



<https://scph.link/TICReport>

The Project “Buckets”



Evidence-Based Clinical Treatment for Trauma

Expand access to
quality,
evidence-based
trauma
treatment.



Workforce Wellness and Sector-Specific Professional Development

Strengthen staff
wellness,
preparedness,
and trauma-
responsive skills.



Policy and Systems Change

Embed trauma-
informed
principles into
agency policies,
contracts, and
operations.



Community Engagement and Capacity Building

Build a strong,
informed, and
empowered
community that
supports healing
and resilience.

Cross-Cutting



**Equity &
Racism**



Funding



Advocacy



**Peer Support
& Lived
Experience**

At our first meeting, we reviewed the countywide Trauma-Informed Care assessment, examined its recommendations, and generated coalition-driven ideas through discussion and brainstorming.



At our second meeting, we synthesized that brainstorming data, identified top-ranking themes, and used a dot-voting exercise to prioritize short-term and long-term ideas.

Bucket 1 : Evidence-Based Clinical Treatment for Trauma	Short	Long
Standardize Clinical Competency	9	4
Peer Support Integration	8	12
Non-Traditional Modalities	12	3
Service Navigation Hub	7	14
Bucket 2: Workforce Wellness and Sector Specific Professional Development		
Operational Relief	13	5
Cultural Shift	4	20
Trauma Informed Supervision	10	6
Tangible Retention Incentives	9	4
Bucket 3: Policy and System Change		
Contractual Standards	9	9
Justice System Integration	2	11
System Mapping	10	6
Prevention and School Policy	13	13
Bucket 4: Community Engagement and Capacity Building		
Mass Stigma Reduction	9	8
Youth and School Focus	17	10
Lived Experience Leadership	7	13
Media Training	3	6

At our third meeting, we began turning those short-term and long-term goals into concrete action steps.

Summit County TIC Initiative

Sub Committee Project Template

Subcommittee Name: Policy and Systems Change

SHORT Term Goal (Result by 6/30/2026): Map who has existing trauma informed care principles and policies to identify a champion

Problem Description	To identify existing TIC partners who have policies in place to serve as a model and baseline number of organizations that have TIC standards in policies, contracts, patient care, EAPs, etc.
Action Steps:	1 Create a survey using standardized language describing TIC, TIC standards, etc. 2 Create an established distribution list with optional FWD 3. Analyze data to identify current TIC policies, examine gaps in system. 4 Identify high scoring agencies as TIC champions/mentors 5 Engage nonmember organizations identified as champions into the TIC Coalition

Summit County TIC Initiative

Measurable Outcomes: (how know if achieved)	A. Number of survey responses B. Number of orgs that implement policies C. Develop a "bank" of information surrounding TIC D. Develop benchmarks and continue to monitor results
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Subcommittee Chair: SCPH

Members: Jamie Messenger, Monica Mlinac

1. Evidence-Based Clinical Treatment

Short-Term Goal: Increase the capacity of non-traditional treatment modalities.

Key Actions: Educating providers on: evidence based non traditional treatment (eg: yoga, equine therapy); reimbursement potential; legal and ethical liabilities. Develop resource inventory of certification programs, local agencies providing these modalities.

Long Term Goal: Establish a centralized Service Navigation Hub to navigate local resources, trauma-informed providers, and insurance coverage.

Key Actions: Creating shared definitions (ie: CBT vs TF-CBT); determining who will maintain / house the hub; and engaging existing resource agencies eg: United Way.

Other Action Items for Implementation Plan

- Conduct assessments of community agencies to understand existing clinical capacity and identify training gaps.
- Provide targeted training for behavioral-health and allied professionals in evidence-based trauma treatments.
- Build a sustainable pipeline of trained clinicians to ensure long-term treatment availability.
- Expand peer support for specific demographics and peer types. (Adult, Family and Youth)

2. Community Engagement

Short-Term Goal: Increase awareness regarding community resources and school-based programs.

Key Actions: Identifying existing school-based and non-school-based resources (ie: churches, rec centers). Develop a "cross-walk" between school scans and the county asset map

Short-Term Goal: Improve consistency in defining trauma and trauma-informed care among systems and organizations in Summit County

Key Actions: Develop plan for agreement to and application of determined definitions among systems and organizations; Train adults and youth in delivery of trauma-informed care PowerPoint (TIC 101).

Long-Term Goal: Reduce stigma that prevents individuals from seeking mental health and trauma-related services.

Key Actions: Develop countywide stigma reduction campaign; Develop campaign implementation plan that includes focus on specific populations.

Other Action Items for Implementation Plan

- Offer community workshops, learning circles, and forums that promote healing, safety, and connection.
- Partner with media outlets to promote trauma-informed journalism, ensuring sensitive, ethical reporting that reduces harm and supports community healing.

3. Policy and Systems Change

Short-Term Goal: Identify ‘community champions’ by developing inventory of agencies with existing trauma informed principles in place as part of active policies, contracts, patient care standards, EAPs, etc.

Key Actions: Creating and distributing a standardized survey of agency heads and front line staff, analyzing responses to identify gaps, and building a "bank" of TIC model practices.

Long-Term Goal: Collaborate with other coalitions to draft local policies that promote and implement TIC across systems.

Key Actions: Engaging with stakeholders, community leaders, and local politicians to advocate for formal TIC policy acknowledgement and development at local and state government levels.

Other Action Items for Implementation Plan

- Establish a shared, countywide definition of Trauma-Informed Care to create consistency across systems.
- Embed TIC principles and training requirements into social services contracts, funding agreements, and MOUs.
- Use agency self-assessment tools (e.g., TIC organizational readiness assessments) to set baselines and track progress.
- Promote cross-agency alignment to reduce re-traumatization and create coherent system-level change.

4. Workforce Development

Short-Term Goal: Shift local culture in behavioral health and beyond to support a trauma-informed workforce.

Key Actions: Assessing current wellness activities (ie: SERP, EAPs); Educate employers on the “return of investment” of TIC; Develop separate employer and employee facing one-pagers that educate on personal resilience and workplace focused TIC practices.

Long-Term Goal: Still in Development

Other Action Items for Implementation Plan

- Implement programs such as Mental Health First Aid (MHFA) and Question, Persuade, Refer (QPR) to enhance early recognition and response.
- Provide trauma-informed care training tailored to specific sectors (e.g., healthcare, education, first responders, child protection, justice, housing).
- Address staff burnout, secondary traumatic stress, and resilience-building within the workforce.
- Connect employees to resources

Trauma Informed Care 101



**What will be
discussed**

Definitions

Prevalence

Impact of Trauma

Trauma Informed Care

Resiliency

Resources

TIC Media Update

TRAUMA-INFORMED MEDIA & JOURNALISM



What Does a Trauma Informed Community Look Like?

Next Steps

Our next step is to develop a formal implementation plan to carry out the work with the support of the coalition and community partners.

Committee Interest Form



<https://scph.link/TICEXIT>

Thank you!



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